Saint Cuthbert's CE Primary School
PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Movement skills	Seaside - FMS	Gymnastics	Dance Seasons	Space - FMS	Rumble in the jungle - FMS
	Hungry Caterpillar - FMS	Gymnastics	Dance Jungle	Baseline unit – lost and found	Fundamental movement skills 2	Transport - FMS
Year 1	Gymnastic activity 1	Dance Toy story	Dance 3 little pigs	Gymnastics - Jack and the beanstalk	Dance Seaside	Games – Striking and fielding
	Catching and bouncing a ball - FMS	Overarm throw -FMS	Catching and bouncing a ball (2) FMS	Tri Throlf - FMS	Baseline unit – lost and found	OAA the great outdoors
Year 2	Bounce ball - FMS	Games – Net and wall	Gymnastics activity 2	Kicking unit - FMS	Games – Striking fielding	OAA the great outdoors
	Gymnastic activity 1	Piggy in the middle (core task)	Tri Throlf - FMS	Dance Seaside	Playground games in the 20th century	FMS – End of key stage 1 assessment
Year 3	Target games – Dodgeball	Gymnastics activity 1	Invasion games – Netball	OAA – teamwork & problem solving	Athletics	Striking and fielding - rounders
	Invasion games – Handball	Dance – superheroes	Health related fitness	Invasion games – Basketball	Striking and fielding – Cricket	OAA – trust and trails
Year 4	Creative game – Tag and target	Gymnastics activities 1	Dance – rock and roll	Net and wall unit Core task	OAA – trust and trails	Striking and fielding – Rounder's
	Invasion games	Invasions games – on the attack	Gymnastics activity 2	Invasion games – Tag Rugby	Striking and fielding – cricket	Athletics
Year 5	Gymnastics activity 1	Gymnastics activity 2	Creative games	OAA – teamwork and problem solving	Striking and fielding – cricket	Striking fielding - Rounders
	Invasion games – Netball	Invasion games – Rugby	Orienteering	Net and wall games – Tennis	Invasion game – Hockey	Athletics
Year 6	Gymnastics activity 2	Invasion games – Rugby	Invasion games – Hockey	Net and wall games – Tennis	Striking and fielding – Rounder's	Orienteering
	Gymnastics activity 1	Gymnastics activity 3	Creative games	OAA – teamwork and problem solving	Athletics	Striking and fielding – Cricket

Learning to love, loving to learn in the family of Christ.
('Encourage one another and build each other up'- 1 Thessalonians 5:11)