St Cuthbert's C of E Primary School

Information for families with children with SEND

Blackburn with Darwen Carers Service

We support families affected by illness and disability

- Are you a parent of a child with additional needs?
- Do you have a family member, friend or neighbour who relies on you for support? Do you provide help to a loved one due to illness, disability, learning disability, mental health, substance misuse or because they are older or frail?

Register with us for free support, advice, information and more: Online Registration - Blackburn with Darwen Carers Service (bwdcarers.org.uk)

Take as much or as little from the service as you want. Help available in English, Urdu, Punjabi & Gujarati.

What's on offer:

- Help and support to make sure you and the person you care for are as well as can be and have the right services in place
- Benefit checks and benefit form-filling
- Emergency Planning (helping you get a Plan B in place if you are unable to provide support for a while)
- Trips, Activities and Workshops (some are for carers only, some are open to families)
- Support Groups
- Counselling
- Befriending
- Support Groups
- Power of Attorney form-filling service (ANYONE can use this, not just carers who are registered with us.)
- Volunteering Opportunities
- Keeping you updated with regular emails and newsletters

We also have specific support for:

- Young Adult Carers - those aged 16-25 who are providing help to family members

- Support for people who are concerned about someone else's substance misuse - information about drugs and their effects, stages of drug use, treatment options, enabling behaviours and putting boundaries in place. For families and loved ones of drugand/or alcohol users. Drugs & Alcohol Support - Blackburn with Darwen Carers Service (bwdcarers.org.uk)

Who to contact

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